

SURGICAL CONSENT FOR TIBIAL NAIL

I, **Dr Simon Journeaux** have discussed with the patient to undergo the following procedure:

RIGHT/LEFT TIBIAL NAIL FOR FRACTURE

I have discussed the following issues, risks with the patient.

General Risks of Procedure: These include:

- a) Deep vein thrombosis occasionally affecting the lung.
- b) Lung infection – requiring antibiotics and physiotherapy.
- c) Increased risk in smokers of wound and chest complications, heart & lung complications, and thrombosis.
- d) Increased risk in obese people of wound infection, chest infection, heart & lung complications, and thrombosis.
- e) Heart complications including abnormal rhythms and heart attack.
- f) Small risk of death.

Specific Risks of Procedure:

- i) **Development of increased pressure** in the leg which may require decompression. This is known as a compartment syndrome.
- ii) **Numbness or weakness and stiffness** of the knee or ankle.
- iii) **Breakage and loosening of screws.** If this occurs another operation may need to be performed to remove these.
- iv) **Infection** – this may require further surgery and/or the use of antibiotics.
- v) **The bone not healing** requiring re-operation and/or bone graft.
- vi) **Deformity** i.e. a bend of the bone which sometimes is permanent and occasionally requires re-operation.
- vii) **Removal of the nail** may be necessary later.
- viii) **Abnormal pain response** to surgery with worsening of pain and disability. It is not uncommon for the patient's unrealistic expectations of the procedure to be the main problem of ongoing pain complaints.
- ix) **Wound numbness + anterior knee pain:** This may occur and usually has no long term implications.
- x) **Abnormal scar.** In some people, healing of the wound may be abnormal and the wound can become thickened and red and the scar can become painful.\
- xi) **Intraoperative fracture.** This could lead to an adverse result.

PATIENT CONSENT

I acknowledge that Dr Simon Journeaux has explained my medical condition and the proposed procedure to me. I understand the risks of the procedure and the likely outcomes both good and bad. The doctor has explained other relevant treatment options and their associated risks. The doctor has explained my prognosis and what will happen to me if I do

not go ahead with the procedure.

It is very important that you feel you have been fully informed about all the issues and risks relating to a fractured tibia and you understand what it fully means to you.

Please read carefully the following statements about this procedure that **Dr Journeaux** has advised for you to have and place an initial beside each one if you agree. If you do not understand or have any further questions please ask **Dr Journeaux** to explain them further.

I agree to the above procedure being performed. I also request the administration of anaesthetics, medicines, blood transfusions or other forms of treatment normally associated with having this procedure. I also agree to any other unplanned procedure(s) being performed if they are necessary for my well being and they cannot be discussed with me at the time as I am under the influence of an anaesthetic and/or other drugs.

I (patient's name)

of, (address)

Please initial the following statements.

- X..... **understand why it is necessary to have this procedure.**
- X..... **understand the potential benefits, risks and possible complications of this surgery.**
- X..... **understand the alternative forms of treatment that are available, including not having the procedure, and why having this procedure is the most appropriate for me.**
- X..... **have had all my concerns about the procedure explained.**
- X..... **feel informed about having a tibial nail.**

Patient
signature:.....

Dr Simon F Journeaux
signature:.....