

SURGICAL CONSENT FOR FRACTURED HIP

I, **Dr Simon Journeaux** have discussed with the patient and next of kin to undergo the following procedure:

OPEN REDUCTION & INTERNAL FIXATION OF LEFT HIP ACETABULAR FRACTURE

I have discussed the following issues, risks with the patient.

General Risks of Procedure: These include:

- a) Lung infection – requiring antibiotics and physiotherapy.
- b) Deep vein thrombosis occasionally affecting the lung.
- c) Heart attack.
- d) Small risk of death.
- e) Increased risk in obese people of wound infection, chest infection, heart & lung complications, and thrombosis.
- f) Increased risk in smokers of wound and chest complications, heart & lung complications, and thrombosis.

Risks of Procedure

- i) **Deep Vein Thrombosis:** Blood clots in the leg vein are the most common complication. It may present as a red, painful, swollen leg. Thrombosis prevention in my practice includes regional anaesthesia, early mobilization, foot pumps in combination with a chemical injection. Occasionally a clot can break off and travel to the lung – a cause of sudden death after surgery.
- ii) **Bleeding & Blood Loss:** This can either be an acute problem requiring a blood transfusion or a return to theatre if severe. Occasionally a collection of blood (haematoma) occurs in the hip which requires further surgery to drain the blood or it can effect wound healing.
- iii) **Pain:** Your hip will be sore after the operation and usually it will improve with time. Rarely pain will become a chronic problem.
- iv) **Infection:** Wound infection may require antibiotics or further surgery and can leave you with a poor result.
- v) **Altered wound healing:** Numbness around the scar may occur or the wound may become red, thickened and painful.
- vi) **Hip stiffness:** may occur after the operation
- vii) **Injuries to the nerves or arteries of the leg** is a very rare complication. You can be left with permanent weakness/numbness in foot/leg.
- viii) **Irritation from metalwork.** This may require remove of the metalwork.
- ix) **Onset of hip osteoarthritis.** This will occur if there has been significant damage to the hip causing avascular necrosis. May not manifest for some years after operation.

PATIENT CONSENT

I acknowledge that Dr Simon Journeaux has explained my medical condition and the proposed procedure to me. I understand the risks of the procedure and the likely outcomes both good and bad. The doctor has explained other relevant treatment options and their associated risks. The doctor has explained my prognosis and what will happen to me if I do not go ahead with the procedure.

It is very important that you feel you have been fully informed about all the issues and risks relating to this procedure and you understand what it fully means to you. Please read carefully the following statements about this procedure that **Dr Journeaux** has advised for you to have and place an initial beside each one if you agree. If you do not understand or have any further questions please ask **Dr Journeaux** to explain them further.

I agree to the above procedure being performed. I also request the administration of anaesthetics, medicines, blood transfusions or other forms of treatment normally associated with having this procedure.

I also agree to any other unplanned procedure(s) being performed if they are necessary for my well being and they cannot be discussed with me at the time as I am under the influence of an anaesthetic and/or other drugs.

I (patient's or next of kin name)

of, (address)

Please initial the following statements:

- X..... **understand why it is necessary to have my hip fixed.**
- X..... **understand the potential benefits, risks and possible complications of this procedure.**
- X..... **understand the alternative forms of treatment that are available, including not having the procedure, and why having this procedure is the most appropriate for me.**
- X..... **have had all my concerns about the procedure explained.**
- X..... **feel informed about having my hip fixed.**

Patient/Next of Kin signature:

Dr Simon Journeaux signature: